

# Mizmor Layla (C)

Night Chant. 1994. Meir Shem Tov.

## Part 1

|       |             |   |
|-------|-------------|---|
|       |             | Start facing <b>i</b> . Hold hands in circle.           |
| 1     | <b>r</b>    | Open.   |
| 2-3   | <b>lrl-</b> | Behind and in front, pause.                             |
| 4     | <b>r</b>    | Touch.  |
| 5-6   | <b>rl</b>   | Full turn <b>c</b> going <b>a</b> .                     |
| 7-8   | <b>rlr-</b> | Going <b>a</b> : Open, cross <b>f</b> , open, pause.    |
| 9-12  | <b>lrlr</b> | Cross <b>f</b> , rock <b>b</b> , open, cross <b>f</b> . |
| 13-14 | <b>lrl-</b> | Behind and in front, pause.                             |
| 15-16 | <b>rlr-</b> | Open, balance, close with stomp, pause.                 |

Repeat **Part 1**.

## Part 2

|     |             |   |
|-----|-------------|---|
| 1   | <b>r</b>    | Open.   |
| 2   | <b>ll</b>   | Cross <b>f</b> with heel touch, step on the spot where you touched. |
| 3-4 | <b>rlr-</b> | Going <b>c</b> : behind and in front, pause.                        |
| 5-6 | <b>lr</b>   | Sway, sway.   |
| 7-8 | <b>lrl-</b> | Going <b>a</b> : crossing cha-cha.                                  |

Repeat **Part 2**.

## Part 3

|       |             |   |
|-------|-------------|---|
| 1     | <b>r</b>    | Open.   |
| 2     | <b>ll</b>   | Cross <b>f</b> with heel touch, step on the spot where you touched. |
| 3-4   | <b>rlr-</b> | Step <b>b</b> , rock <b>f</b> with ¼ pivot <b>a</b> , sweep, pause. |
| 5-6   | <b>rl</b>   | ¾ turn <b>a</b> . Now facing <b>i</b> .                             |
| 7-8   | <b>rlr-</b> | Going <b>i</b> : cha-cha.   |
| 9     | <b>ll</b>   | Debka.  |
| 10    | <b>rr</b>   | Debka.  |
| 11-12 | <b>lrl-</b> | Back Yemenite with ½ turn <b>c</b> .                                |

Repeat **Part 3**.

Start **Part 1** again. At end of dance going **i**: walk, close, walk, close, jump.

Jack Steel's step notation (see <http://www.israelidances.com/StepsLegend.pdf> for explanation of the codes):

**i**{**S**&**T****a****S****C****X****I**&**B****s**}{**S****D****l****x**&**r****c****B****l****c****X****X****l**}{**S****D****l****x****R****b****v****p**'**1****T**'**3****r****3****D****i****l**&**T****2**}**o**}<sup>3</sup>**S****C****i****J**  
:: **I** **A** **B** **Z**. **W** **Z** **Z**. **I** **B** **Z** **B** **Z**. **I** **B** **W** **B** **Z**. **2B** **Z**, **3B** **J**