

Se'arat Regashot (P)

Emotional Storm. 1998. Avi Perez.

Part 1

Both start facing **a** on opposite feet. Hold inside hands. Steps are for boy. Girl's steps are mirror except where noted.

- 1-4 **lrlr** Going **a**: grapevine with ¼ turn **c** on last to steps to finish facing each other and take opposite hands.
5-8 **lrlr** Open, cross **f**, rock **b**, open.
9-10 **lr** Cross **f**, cross **f**.
11-12 **lr** Step **b**, rock **f**.
13-14 **lr** ¼ turn **c** moving **o** while scrolling the girl who does ¼ turn **a**. Boy finishes on **o** with both facing **c**.
15-16 **lr** Step, step on the spot while unscrolling the girl who does full turn **c**.

Repeat **Part 1** but start facing **c**.

Part 2

Both facing **a**. Holding inside hands.

- 1-4 **lrlr** Going **a**: grapevine with ¼ turn **c** on last to steps to finish facing each other and take opposite hands.
5-6 **lr** Balance, balance. Girl does ½ pivot turn **a** while being scrolled by boy.
7-8 **lr** Step on the spot, walk **b**. Girl does step, walk **b**.
9-10 **lr** Step **b**, rock **f**.
11-12 **lr** Step **f**, rock **b**. while unscrolling the girl who does ½ turn **c**.
13-16 **lrlr** Paso Doble. *On repeat: finish facing o and girl.*

Repeat **Part 2** but start facing **c**.

Transition

Facing **o**.

- 1-4 **lrlr** Open, cross **b**, open, cross **f**.

Part 3

Facing girl and **o**.

- 1-4 **lrl-** Side Yemenite with a ¼ pivot **c** and lift on last step.
5-8 **rlrl** Cross **b**, open with push, full turn **c** in 2 steps.
9-11 **rlr** ½ turn **a** while moving **o** behind girl. She does ½ turn **c** under boy's **l** arm moving **i**.
12-14 **lrl** ½ turn **c** while moving **i** behind girl. She does ½ turn **a** under boy's **r** arm moving **i**.
Finish facing girl and **o** and take opposite hands in front.
15-16 **rl** Step, sweep **a**.
17-20 **lrlr** Open, cross **b**, open, cross **f**.
21-22 **lr** Step **b**, rock **f**.
23-24 **lr** Full pressure turn **c**.
25-26 **lr** Going **a**: open, cross **f**, girl does full turn **c** under boy's **l** arm.
27-30 **lrlr** Balance, balance, cross **b**, rock **f**. Girl does full push turn **a**.

Repeat **Part 3**.

Do **Transition**.

Start **Part 1** again. At end of dance, step **b**, rock **f** and dip the girl.

Jack Steel's step notation (see <http://www.israelidances.com/StepsLegend.pdf> for explanation of the codes):

{G_{T1}S_X[X_p'1]R_{bi}To1 W.}c{G_{T1}BW.R_{bi}T_{o1}}cS_{bf}{Y'&T_c[T'_{o2}]tS_{bf}R_bTS_XS_{Xb}}S_{bf}
L. W W. B W B. W B B. S B. W, Z B Y Y I: W B B. Z Z. W,