

Or Shivat Hayamim (C)

The Seven Days Light. 1998. Gadi Bitton.

Part 1

		Start facing a .
1-4	rlrl	Step together step, sweep.
5-8	lrlr	Cherkessia.
9-12	lrlr	Step f , open with a ¼ pivot a (now facing i), balance, lift and sweep r foot behind. Move hands up in front of body alternately, palm facing body to simulate candles.
13-16	rlrl	Going c : Cross b , open, cross f , rock b .
17-19	rlr	Going a : full turn c .
20-22	lrl	Going a : cross f , ½ turn a in 2 steps.
23-24	rl	Balance o , balance with ½ pivot a (pivot turn). Finish facing i .
25-28	rlrl	Open, cross b , open, cross f .
29-30	rl	Step i , rock b .
31-34	rlrl	1¼ turn c to finish facing a . <i>On repeat: Full turn in 2 steps, step b, rock f. Finish facing i.</i>

Repeat **Part 1**.

Part 2

		Facing i .
1-2	rl	Walk, walk.
3-4	rl	Step f , rock b . (with arms up in front).
5-8		Repeat 1-4.
9-10	rl	Full turn c going o .
11-14	rlrl	Step b , rock f , step f , rock b .
15-16	rl	1¼ turn c to finish facing a .
17-20	rlr-	Walk, walk, walk, pause and lift l knee.
21-24	lrl-	Back Yemenite.
25-27	rlr	Grapevine going i .
28-30	lrl	Push ¾ turn c going o .
31-32	rl	Step b , walk f

Start **Part 1** again. Repeat part 2 at end.

Jack Steel's step notation (see <http://www.israelidances.com/StepsLegend.htm> for explanation of the codes):

$\{\{W_v R_l \& ' l v T ' 1 b \& X_c (T_a) B S_{bf} R_i T_{o5} / T_{o2} R b o\} \{W_i R_{i+}\} T_{oRb} R_i T_{o5} W \& G_i S_{lT o3} R_b \}^{\alpha}\} \alpha$
 L. W W. W B B. Y B. W B W. B B. W B B. Z Z. Y Y B.