

Nigun Atik (C)

Ancient Melody. 1955. Rifka Shturman.

Part 1

Start facing **a**.

1-4 **rlrl** Walk, walk, walk, walk. **l** hand palm up on **l** shoulder, **r** hand on **l** palm of person in front.

5-8 **r-l-** Walk, pause, walk, pause. Clap hands on pause and lean in direction of step.

Repeat Part 1 three more times.

Part 2

Facing **i**.

1-4 **r-l-** Going **i**: walk, pause, walk, pause. Sway hands over-head from side to side as you walk.

5-8 **rlrl** Going backwards: walk, walk, walk, walk. Bring hands down, palms up, to side during the 4 steps.

Repeat Part 2 three more times.

Start Part 1 again.

Jack Steel's step notation (see <http://www.israelidances.com/StepsLegend.htm> for explanation of the codes):

{WW}⁴**i****{W_iW_{ob}}**⁴**a**
. W B. B W.