Na'ale Na'ale (C)

Let Us Go Up. 1986. Shmulik Gov Ari.

Part 1

		Start facing **a**. All the Yemenites are fast and can be almost done on the spot.
1-4	**rlrl**	Open grapevine going **a**.
5-7	**rll**	Walk, walk, hop and kick other leg out in front.
8-10		Repeat 5-7.
11-12	**rl**	Walk, walk with a ¼ pivot **a** to finish facing **i**.
13-14	**rlr-**	Side Yemenite.
15-16	**lrl-**	Side Yemenite.

Repeat **Part 1**.

Part 2

		Facing **i**.
1-4	**rlrr**	Open, cross **b**, open with ½ pivot **c**, hop.
5-6	**lrl-**	Side Yemenite.
7-8	**rlr-**	Side Yemenite.5-6
9-16		Repeat 1-8 but on other foot and start facing **o**.

Repeat **Part 2**.

Part 3

		Facing **i**.
1-4	**rlrr**	Na'ale (walk, walk, walk, ½ pivot **c**). Now facing **o**.
5-8	**lrll**	Na'ale (walk, walk, walk, ½ pivot **a**).
9-12	**rlrl**	Open, cross **f**, open, cross **f**.
13-16	**rlrl**	Full turn **c** in 2, rock **b**, rock **f.**

Repeat **Part 3**.

Part 4

1-2	**rl**	Moving **i**: Balance, balance.
3-4	**rlr-**	Cha-cha. (2nd step is a heel).
5-8		Repeat 1-4 still going **i** but on other foot.
9-10	**rl**	½ turn **c**.
11-12	**rl**	Step **b**, rock **f**.
13-14	**rlr-**	Cha-cha with a forward bow.
15-16	**lrl-**	Cha-cha back with arms raised.

Repeat **Part 4** but now going **o**.

Start **Part 1** again.

At the end of the dance there are a few extra beats and we repeat the 1st 8 beats of part 4.

Jack Steel's step notation (see http://www.israelidances.com/StepsLegend.htm for explanation of the codes):

$$\{\{GW_hW_{T'1}Y\}\{(S_bS_{hT2}Y_l)_o\}\{[W_{ip}]S_XT_{aX}\}\{(S_{Cbip1})^{\alpha}T_{i2}R_{bi}\}_o\}^3\alpha$$

L. W 2Y B   2Z: B   B   2Z.   W . 2B W.   W   B   S

(Note that part 4 is different from the way I was taught.)