

Na'ale Na'ale (C)

Let Us Go Up. 1986. Shmulik Gov Ari.

Part 1

- Start facing **a**. All the Yemenites are fast and can be almost done on the spot.
- | | | |
|-------|-------------|--|
| 1-4 | rlrl | Open grapevine going a . |
| 5-7 | rl | Walk, walk, hop and kick other leg out in front. |
| 8-10 | | Repeat 5-7. |
| 11-12 | rl | Walk, walk with a ¼ pivot a to finish facing i . |
| 13-14 | rlr- | Side Yemenite. |
| 15-16 | lrl- | Side Yemenite. |

Repeat **Part 1**.

Part 2

- Facing **i**.
- | | | |
|------|-------------|--|
| 1-4 | rlrr | Open, cross b , open with ½ pivot c , hop. |
| 5-6 | lrl- | Side Yemenite. |
| 7-8 | rlr- | Side Yemenite.5-6 |
| 9-16 | | Repeat 1-8 but on other foot and start facing o . |

Repeat **Part 2**.

Part 3

- Facing **i**.
- | | | |
|-------|-------------|---|
| 1-4 | rlrr | Na'ale (walk, walk, walk, ½ pivot c). Now facing o . |
| 5-8 | lrl | Na'ale (walk, walk, walk, ½ pivot a). |
| 9-12 | rlrl | Open, cross f , open, cross f . |
| 13-16 | rlrl | Full turn c in 2, rock b , rock f . |

Repeat **Part 3**.

Part 4

- | | | |
|-------|-------------|--|
| 1-2 | rl | Moving i : Balance, balance. |
| 3-4 | rlr- | Cha-cha. (2 nd step is a heel). |
| 5-8 | | Repeat 1-4 still going i but on other foot. |
| 9-10 | rl | ½ turn c . |
| 11-12 | rl | Step b , rock f . |
| 13-14 | rlr- | Cha-cha with a forward bow. |
| 15-16 | lrl- | Cha-cha back with arms raised. |

Repeat **Part 4** but now going **o**.

Start **Part 1** again.

At the end of the dance there are a few extra beats and we repeat the 1st 8 beats of part 4.

Jack Steel's step notation (see <http://www.israelidances.com/StepsLegend.htm> for explanation of the codes):

$\{\{GW_h W_{T^1} Y\}\{(S_b S_{hT^2} Y)_o\}\{\{W_{ip}\}S_X T_{aX}\}\{(S_{Cbip1})^{\alpha} T_{i2} R_{bi}\}_o\}^3 \alpha$
L. W 2Y B 2Z: B B 2Z. W. 2B W. W B S

(Note that part 4 is different from the way I was taught.)