

Isha Ne'emana (P)

Loyal Woman. 2008. Shlomo Arussi.

Part 1

Both start facing **a** on opposite feet. Boy's **r** hand at girl's **r** shoulder holding her **r**. **l** hands together in front of boy. Steps are for boy. Girl's steps are mirror except where noted.

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| 1-2 | lr | Going a : walk, walk. |
| 3-4 | lrl- | Going a : step together step, pause. Release r hands but keep holding l . |
| 5-6 | rl | Step f with ¼ pivot a (now back to back), balance with ¼ pivot a . Girl's pivots are c . |
| 7-8 | rlr- | Step f (push), ½ turn a in 2 steps, pause. |
| 9-10 | lrl- | Behind and in front, pause while moving behind girl to o . Girl does full push turn a to finish on i . She puts her r hand on boy's l shoulder. |
| 11-12 | rlr- | Going a : step together step, pause. |
| 13-14 | lrl- | Step f , rock b with ¼ pivot a , open, pause. Take girl's r hand in boy's r under l hands. |
| 15-16 | rlr- | Paso Doble in 3 steps, pause. Don't release hands which finish in start position. <i>On repeat: finish facing partner.</i> |

Repeat **Part 1**.

Transition

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| 1-2 | lrl- | Open, balance, close with touch, pause. |
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Part 2

Facing **o** and girl.

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| 1-2 | lrl- | Going a : full turn a in 3 steps, pause. Take girl's l hand in boy's r . |
| 3-4 | rlr- | ½ turn c walking around girl. Girl does ½ turn a under boy's r arm. Take opposite hands in front and don't release for next sequence. |
| 5-6 | lrl- | Side Yemenite and place l hand at girl's r waist behind her. |
| 7-8 | rlr- | Side Yemenite and place r hand at girl's l waist behind her. |
| 9-10 | lrl- | Step f , rock b , close (½ turn a in the last 2 steps), pause. Stay together and to l of girl so she does step b , rock f , close, pause with ½ turn a on her last 2 steps. |
| 11-12 | rlr- | Step f , rock b , close (½ turn c in the last 2 steps), pause. Stay together and to l of girl so she does step b , rock f , close, pause with ½ turn c on her last 2 steps. |
| 13-14 | lrl- | Back Yemenite. Girl does 1½ turn c moving i . <i>On repeat: girl does full turn c.</i> |
| 15-16 | rlr- | Full turn c moving i to girl. Girl does step f , rock b , step, pause with ½ turn a on last 2 steps. Finish facing i and girl the first time through. <i>On repeat: ¾ turn c together in Israeli hold.</i> |

Repeat **Part 2** but start facing **i**.

Start **Part 1** again.