

Hamangina Hayeshana (C)

Old Melody. 1989. Israel Shiker.

Part 1

		Start facing a .
1-6	r-lrl-	Walk, lift body up on pause, walk, walk, walk, pause.
7-8	rl	$\frac{3}{4}$ turn c to face i .
9-14	r-lrl-	Going i : Walk, lift body up on pause, walk, walk, walk, pause.
15-16	rl	$\frac{1}{2}$ turn c to face o .
17-20	rlr	Walk, touch, walk, touch.
21-24	rlrl	$\frac{1}{2}$ turn c in 2 (now facing i), step b , rock f .
25-30	rlrlrl	Open, cross b , rock f , open, cross b , rock f .
31-32	rl	Full turn c while going a .

Part 2

1-4	rlrl	Open, cross b , open, cross f .
5-8	rlr-	Full turn c .
9-16		Repeat 1-6 but starting on other foot and turn a .
17-22	rlrlrl	Open, cross b , rock f , open, cross b , rock f .
23-24	r-	Step i , pause.
25-28	lrl-	Behind and in front with a $\frac{1}{4}$ turn c .
29-32	rlrl	$\frac{3}{4}$ turn c to finish facing i . <i>On repeat</i> : full turn c to face a .

Repeat **Part 2**.

Part 3

		Facing a .
1-2	rl	Step, rock b .
3-4	rlr-	$\frac{1}{2}$ turn c in Cha-cha step.
5-6	lr	$\frac{1}{2}$ turn a .
7-8	lrl-	$\frac{1}{2}$ turn a in cha-cha step.
9-10	rl	Cross f , rock b .
11-12	rl	$\frac{1}{2}$ turn c .
13-14	rl	Cross b , open.
15-16	rlr-	Cha-cha. (facing a).
17-20	l-rl	Balance i , pause, balance o , open i .
21-24	rlr-	Cross f (to face i), walk, walk, pause (in step together step rhythm).
25-28	lrl-	Behind and in front going o .
29-32	rlrl	Full turn c .

Repeat **Part 3**.

Start **Part 1** again.

Jack Steel's step notation (see <http://www.israelidances.com/StepsLegend.htm> for explanation of the codes):

$\{WT_{3/2}\}_i W_{oT} T_{o2Rb} S_{Xb} T_a \{[S_{bf} T_a] S_{Xb} R_i \& T_1 T_{3oX}\}$
L. A B. 2B W. 2Y B: W Z. 2Y J. Z W.
 $\{R_a 3 T_1 T'_{2c} S_{Cc} X_c T_2 \& 3 B_{il} X_{Xi} \&_o T_{oB}\}$
B Z B Z B B Z. X Z. Z W.