

Hakoach Be'ahavatech (P)

The Strength in Your Love. 2006. Avi Levy.

Part 1

- Start facing **a** on same foot. Steps are for boy. Girl's steps are the same except where noted. Hands are at shoulder height, **r** to **r** and **l** to **l** with the boy behind and to the **l** of the girl.
- 1-2 **rlr-** Step together step, pause.
3-4 **lr** Cross **f**, rock **b**.
5-8 Repeat 1-4 but starting on **l** foot.
9-10 **rlr-** Side Yemenite with ¼ turn **a**. Girl does a ½ push turn **a** going **i**, pause, to finish facing the boy (not too far away). Do not release hands from starting position.
11-12 **lrl-** Back Yemenite and finish close to each other.
13-14 **rlrr** Na'ale going **o** (girl goes **i**).
15-16 **lrl** Na'ale going **i** (girl goes **o**). On the first time through, the boy does a ¼ pivot **c** on the last step to finish in the starting position to the **l** of and behind the girl. The girl does a ¼ pivot **a** on the last step to finish in starting position. *On repeat: neither the boy or girl pivot (both pause) after the last step of the Na'ale and finish opposite each other facing each other.*

Repeat **Part 1**.

Part 2

- Boy facing girl (and **i**) and boy holding her **l** hand with his **l**.
- 1-2 **rlr-** Open with ¼ pivot **c**, balance with ¼ pivot **a**, cross **f**, pause. **l** hand held overhead and **r** arm around each other's waist.
3-4 **lrl-** Full turn together **c** in step together step, pause.
5-6 **rlr-** Repeat 1-2.
7-8 **lrl-** 1¼ turn **c** together in step together step. This extra ¼ turn helps the girl with the next 1½ turn along the circle line.
9-10 **rlr-** Going **a**: step together step, pause. Girl does a 1½ turn **c**. Hands are now **l** to **l** and **r** to **r** at shoulder height. Boy behind and to **l** of girl.
11-12 **lrl-** Going **a**: step together step, pause.
13-14 **rlr-** Back Yemenite, moving **c** and with a ¼ turn **a** to both finish facing **i**.
15-16 **lrl-** Back Yemenite. Girl does full turn **a** moving across the front of the boy to finish facing **i**. Girl is now behind and to **l** of boy. Do not release hands as girl turns. Boy's **r** hand goes over his head during the turn.

Part 3

- 1-2 **rl** Sway, sway.
3-4 **rlr-** Back Yemenite with a ¼ turn **c**. Girl is directly behind boy with her hands (and boy's hands) on his shoulders. Both facing **a**. *On repeat: girl is in front and hands go to girl's waist.*
5-6 **lr** Sway, sway.
7-8 **lrl-** Release **r** hands and ¾ turn **a** (separately), pause, to finish facing **o**. Boy must raise **l** hands above girls head during turn. Boy finishes next to **l** of girl with hands back at shoulders. *On repeat: release both hands and boy finishes to **r** of girl. Boy takes girl's **l** hand in his **r**.*
9-10 **rlr-** Going **o**: step together step, pause.
11-12 **lrl-** Back Yemenite.
13-14 **rlr-** Side Yemenite with ¼ turn **a**. Girl does ¾ push turn **a** moving across front of boy to finish facing each other. Don't release hands which finish crossed in front of each other. *On repeat, take hands in this crossed position.*

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- 15-16 **lrl-** Back Yemenite with ¼ turn **a**. Girl does ¼ turn **c**. Girl's **l** arm goes over boy's head to rest on his shoulder while holding his **l**. Release **r** hands before this sequence and put at girl's **r** waist at end of sequence. *On repeat: boy is behind girl and arms are at shoulder height in normal position.*

Repeat **Part 3**. Note that during the repeat, the boy is now to the **l** of the girl, but the step sequences are the same. The hands change slightly as noted above.

Part 4

- Both facing **i** with boy behind and to **l** of girl with hands at shoulder height.
- 1-2 **rlr-** Going **i**: Step together step, pause.
 3-4 **lrl-** Step **f**, rock **b**, step **b**, pause.
 5-6 **rlr-** Going **o** backwards: step together step, pause.
 7-8 **lrl-** Back Yemenite.
 9-10 **rlr-** ¼ turn **c**, pause. Girl does ¾ turn **c** to finish facing boy. Hands are not released and are held in front crossed over.
 11-12 **lrl-** Back Yemenite. Hands move into Israeli hold position.
 13-14 **rlr-** ¾ turn **c**, pause, together to finish facing **i** (girl **o**).
 15-16 **lrl-** Going **a**: ¼ turn **c**, pause. Girl does 1¼ turn **c**.

Start **Part 1** again. After the whole dance has been done 3 times, repeat part 4 and then 2 full turns **c** together with hands on shoulders in 4 groups of step together step, pause, rhythm.

Jack Steel's step notation (see <http://www.israelidances.com/StepsLegend.htm> for explanation of the codes):

r{(W_Xo)Y_{T'1}&_{T1}W_{oT1p1}W_{ilp1}}**a**{Y_T}W_{&cT'1}B_{lci}{B&_{T1}B_{il}T'₃W_o&Y_{T'1}&_{T'1}}
L. Z B . Z Z W W. ZZ. 2Z Z Z B Z B Z. Z Z Z Z.
^α{W_i&₁W_{bo}&₁T_{1a}&₁T₃T_{1a}}α_{T2}
Z Z Z Z Z Z Z. 4Z.