

# Ana Bekoach (C)

We Beg The. 2007. Gadi Bitton.

## Part 1

		Start facing <b>i</b> .
1-2	<b>rl</b>	Sway, sway.
3-4	<b>rlr-</b>	Full turn <b>c</b> going <b>a</b> , pause.
5-6	<b>lrl-</b>	Cross <b>f</b> , open, cross <b>b</b> , pause.
7-8	<b>rlrr</b>	Back Yemenite with $\frac{1}{2}$ pivot <b>c</b> on last step. Now facing <b>o</b> .
9-16		Repeat 1-8 facing <b>o</b> and starting on other foot. Finish facing <b>i</b> .
17-18	<b>rl</b>	Going <b>a</b> : Open, cross <b>f</b> .
19-20	<b>rlrr</b>	Side Yemenite with $\frac{1}{4}$ pivot <b>c</b> on last step. Now facing <b>a</b> .
21-22	<b>lrl-</b>	Step together step, pause.
23-24	<b>rlr-</b>	Open, balance with $\frac{1}{2}$ pivot <b>a</b> , close, pause. Now facing <b>c</b> .
25	<b>r-</b>	Open, pause lifting <b>l</b> leg behind.
26-28	<b>lrlrlr</b>	Cross <b>b</b> , open, cross <b>f</b> , rock <b>b</b> , $\frac{3}{4}$ turn <b>a</b> in 2 steps going <b>o</b> .
29-30	<b>lr</b>	Going <b>o</b> backwards. walk, walk.
31-32	<b>lrl-</b>	Back Yemenite.

Repeat **Part 1**.

## Part 2

		Facing <b>i</b> .
1-2	<b>r-lr</b>	Cross <b>f</b> , pause, rock <b>b</b> , open. On the first step, bring <b>r</b> arm around in front in <b>a</b> arc with hand cupped like scooping the air.
3-4	<b>l-rl</b>	Repeat 1-2 to the <b>r</b> starting on other foot.
5-6	<b>rlr-</b>	Full turn <b>c</b> going <b>i</b> , pause.
7	<b>l-</b>	Step <b>i</b> and lift with arms out in from palms facing away from you, pause.
8	<b>rl</b>	$\frac{1}{2}$ turn <b>a</b> . First step is behind.

Repeat **Part 2** facing **o**.

Start **Part 1** again.